



Nutritional Information - Frozen Yogurt

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)
Chocolate Chip Cookie	85 g	mini/cone serving	120	20	2	0.5	0	0	85	21	0	18	3	0	0	10	2
	142 g	small	200	30	3.5	1	0	5	140	35	1	30	6	0	0	20	2
	227 g	medium	320	45	5	1.5	0	5	220	57	1	47	9	0	0	30	4
	369 g	large	510	80	9	2.5	0	10	360	92	1	77	16	0	0	50	6
	709 g	take home	980	150	16	5	0	15	690	177	3	148	29	0	0	100	15
Chocolate Hazelnut	85 g	mini/cone serving	140	30	3.5	1	0	0	60	22	1	21	4	0	0	10	2
	142 g	small	230	50	6	2	0	5	100	37	1	34	6	0	0	20	2
	227 g	medium	360	80	9	3	0	5	160	59	1	55	10	0	0	35	4
	369 g	large	590	130	15	4.5	0	10	250	96	2	90	17	0	0	50	6
	709 g	take home	1130	250	28	9	0	20	490	184	4	172	32	0	2	100	10
Cinnamon Churro	85 g	mini/cone serving	110	10	1.5	0.5	0	5	65	20	0	18	4	0	0	10	2
	142 g	small	180	20	2.5	1	0	5	105	34	1	29	6	0	0	20	2
	227 g	medium	290	35	3.5	2	0	10	170	54	1	47	10	0	0	35	4
	369 g	large	480	50	6	3	0	15	280	88	2	76	16	0	0	50	6
	709 g	take home	920	100	11	6	0	30	530	170	3	146	30	0	0	100	10
Cookies & Cream	85 g	mini/cone serving	120	15	1.5	0.5	0	0	95	22	0	18	4	0	0	10	2
	142 g	small	200	25	3	1	0	5	160	37	1	31	6	0	0	20	4
	227 g	medium	320	40	4.5	1.5	0	5	250	59	1	49	10	0	0	30	4
	369 g	large	520	70	7	2.5	0	10	410	96	1	80	16	0	0	50	8
	709 g	take home	1000	130	14	4.5	0	15	790	184	3	154	30	0	0	100	15
Matcha (Tart)	85 g	mini/cone serving	90	0	0	0	0	0	55	18	0	17	3	2	4	10	0
	142 g	small	150	5	0	0	0	5	90	30	0	28	6	4	6	20	0
	227 g	medium	230	5	0.5	0	0	5	140	48	1	45	9	8	10	30	0
	369 g	large	380	10	1	0	0	5	230	78	1	73	15	10	15	50	0
	709 g	take home	730	15	1.5	0	0	15	440	150	2	141	28	25	35	100	2
Meyer Lemon	85 g	mini/cone serving	100	0	0	0	0	0	55	20	0	19	3	0	2	10	0
	142 g	small	160	5	0	0	0	5	90	33	0	31	6	0	4	20	0
	227 g	medium	260	5	0.5	0	0	5	150	53	0	50	9	0	6	35	0
	369 g	large	410	10	1	0	0	5	240	86	0	81	15	0	10	50	0
	709 g	take home	800	20	2	0	0	15	460	166	0	156	28	0	20	100	2
Mint Chocolate Cookie	85 g	mini/cone serving	130	25	2.5	1.5	0	0	80	23	0	19	4	0	0	10	0
	142 g	small	220	40	4.5	3	0	5	135	38	1	31	6	0	0	20	2
	227 g	medium	350	60	7	4.5	0	5	220	61	1	50	9	0	0	30	2
	369 g	large	560	100	11	7	0	10	350	99	2	82	15	0	0	50	4
	709 g	take home	1090	190	22	14	0	15	680	190	3	157	30	0	2	100	8
Orange Peach Mango	85 g	mini/cone serving	80	0	0	0	0	0	40	16	0	15	3	0	10	8	0
	142 g	small	130	0	0	0	0	0	70	27	0	25	4	0	20	15	0
	227 g	medium	200	5	0	0	0	5	115	43	0	40	7	0	30	25	0
	369 g	large	330	5	0.5	0	0	5	180	71	0	65	11	0	50	40	0
	709 g	take home	640	10	1	0	0	10	350	136	0	125	21	0	100	70	2
Orange Tang	85 g	mini/cone serving	100	0	0	0	0	0	60	19	0	21	3	0	20	15	0
	142 g	small	170	5	0	0	0	5	100	32	0	34	5	0	30	25	0
	227 g	medium	270	5	0	0	0	5	160	51	0	55	9	0	50	35	0
	369 g	large	440	5	1	0	0	5	260	82	0	89	14	0	80	60	0
	709 g	take home	840	15	1.5	0	0	15	500	158	0	171	27	0	150	110	2
Original	85 g	mini/cone serving	90	0	0	0	0	0	55	19	0	18	3	0	2	10	0
	142 g	small	150	5	0	0	0	5	95	31	0	30	6	0	2	20	0
	227 g	medium	240	5	0	0	0	5	150	50	0	47	9	0	4	35	0
	369 g	large	390	5	1	0	0	5	240	81	0	77	15	0	8	50	0
	709 g	take home	750	15	1.5	0	0	15	470	156	0	148	29	0	15	100	2
Passionfruit	85 g	mini/cone serving	90	0	0	0	0	0	55	19	0	18	3	0	2	10	0
	142 g	small	150	5	0	0	0	5	90	31	0	30	6	0	4	20	0
	227 g	medium	240	5	0	0	0	5	140	50	0	48	9	0	6	30	2
	369 g	large	390	5	1	0	0	5	230	82	0	78	15	0	10	50	2
	709 g	take home	760	15	1.5	0	0	15	450	157	0	149	28	0	20	100	4
Peanut Butter	85 g	mini/cone serving	150	50	6	1	0	0	140	19	1	16	6	0	0	10	2
	142 g	small	250	90	10	1.5	0	5	230	31	2	26	9	0	0	20	2
	227 g	medium	390	140	16	2	0	5	370	49	3	42	15	0	0	30	4
	369 g	large	640	230	26	3.5	0	10	610	80	4	68	25	0	0	50	6
	709 g	take home	1230	450	49	7	0	15	1160	154	8	131	47	0	0	100	15


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Pineapple	85 g	mini/cone serving	80	0	0	0	0	0	40	17	0	16	2	2	15	10	0
	142 g	small	130	0	0	0	0	0	65	28	0	26	4	2	25	15	0
	227 g	medium	210	5	0	0	0	5	105	44	0	42	7	4	40	25	2
	369 g	large	340	5	0.5	0	0	5	170	72	1	68	11	6	70	40	2
	709 g	take home	650	10	1	0	0	10	330	138	1	131	21	10	130	80	4
Pineapple Orange Banana	85 g	mini/cone serving	80	0	0	0	0	0	40	16	0	15	3	0	10	10	0
	142 g	small	130	0	0	0	0	0	70	27	0	25	4	0	20	15	0
	227 g	medium	200	5	0	0	0	5	110	44	0	41	7	0	30	25	0
	369 g	large	330	5	0.5	0	0	5	180	71	0	66	11	0	50	40	0
	709 g	take home	640	10	1	0	0	10	340	137	0	127	21	0	100	80	2
Pink Lemonade	85 g	mini/cone serving	100	0	0	0	0	0	60	22	0	21	3	0	4	10	0
	142 g	small	170	5	0	0	0	5	100	36	0	34	5	0	6	20	0
	227 g	medium	270	5	0	0	0	5	160	57	0	55	9	0	10	30	0
	369 g	large	430	5	1	0	0	5	260	93	0	89	14	0	15	50	0
	709 g	take home	830	15	1.5	0	0	15	490	179	0	172	27	0	35	100	2
Pomegranate	85 g	mini/cone serving	100	0	0	0	0	0	55	20	0	19	3	0	2	10	0
	142 g	small	160	5	0	0	0	5	90	34	0	32	5	0	4	20	0
	227 g	medium	260	5	0	0	0	5	150	54	0	51	9	0	6	30	0
	369 g	large	420	5	1	0	0	5	240	88	0	82	14	0	10	50	2
	709 g	take home	810	15	1.5	0	0	15	460	169	0	159	27	0	20	100	2
Vanilla Bean	85 g	mini/cone serving	90	0	0	0	0	0	65	18	0	17	4	0	0	15	0
	142 g	small	160	5	0	0	0	5	105	31	0	29	6	0	0	20	0
	227 g	medium	250	5	0	0	0	5	170	49	0	46	9	0	0	35	0
	369 g	large	400	5	1	0	0	10	280	80	1	75	15	0	0	60	0
	709 g	take home	780	15	1.5	0	0	20	530	154	1	144	29	0	0	110	2
Vanilla Latte	85 g	mini/cone serving	90	0	0	0	0	0	65	18	0	17	4	0	0	15	0
	142 g	small	150	0	0	0	0	5	105	30	0	28	6	0	0	20	0
	227 g	medium	240	5	0	0	0	5	170	47	0	45	9	0	0	35	0
	369 g	large	390	5	0.5	0	0	10	270	77	1	73	15	0	0	60	0
	709 g	take home	740	10	1.5	0	0	20	520	148	1	139	29	0	0	110	2

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

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Nutritional Information - Pinkbee's®

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)
Pinkbee's® Low-Fat Milk Ice Cream																	
Chocolate Reduced-Fat Milk Ice Cream	85 g	mini/cone serving	120	25	3	2	0	10	75	17	1	13	6	2	0	20	15
	142 g	small	190	45	5	3	0	15	120	28	2	22	10	2	0	35	25
	227 g	medium	310	70	8	4.5	0	25	190	45	3	36	16	4	0	50	40
	369 g	large	500	110	12	8	0	45	320	73	4	58	27	6	0	80	70
	709 g	takehome	960	210	24	15	0.5	85	610	141	8	112	51	10	0	160	130
Cookie Butter Reduced Fat Milk Ice Cream	85 g	mini	90	0	0	0	0	0	50	20	0	19	3	0	6	10	0
	142 g	Small	160	5	0	0	0	5	85	33	0	31	5	0	10	20	0
	227 g	Medium	250	5	0.5	0	0	5	135	53	1	50	8	0	15	30	2
	369 g	Large	410	10	1	0	0	5	220	87	1	82	14	0	30	50	2
	709 g	Takehome	790	20	2	0	0	15	420	167	2	157	26	0	50	100	4
Cookies n Cream Reduced-Fat Milk Ice Cream	85 g	mini/cone serving	140	35	3.5	2	0	10	115	22	0	17	6	2	0	20	2
	142 g	small	240	60	6	3	0	20	190	36	0	29	10	2	0	35	4
	227 g	medium	380	90	10	5	0	30	300	58	1	46	16	4	0	50	6
	369 g	large	620	140	16	8	0	45	490	94	1	75	26	6	0	90	8
	709 g	takehome	1200	280	31	16	0.5	90	940	181	2	144	50	15	0	170	15
Milk Low-Fat Ice Cream	85 g	mini/cone serving	100	20	2	1.5	0	10	135	16	0	14	6	2	0	20	0
	142 g	small	170	30	3.5	2	0	20	220	26	0	23	9	2	0	35	0
	227 g	medium	280	50	6	3.5	0	30	360	42	0	37	15	4	0	50	0
	369 g	large	450	80	9	6	0	45	580	69	0	61	24	6	0	90	2
	709 g	takehome	870	160	18	11	0.5	90	1120	132	0	117	47	15	0	170	2
Strawberry Low-Fat Milk Ice Cream	85 g	mini/cone serving	110	15	2	1	0	10	70	18	0	16	5	2	8	15	0
	142 g	small	180	25	3	2	0	15	115	30	0	27	8	2	15	30	2
	227 g	medium	280	40	4.5	3	0	25	180	47	0	43	12	4	20	45	2
	369 g	large	460	70	8	5	0	40	300	77	0	70	20	6	35	70	2
	709 g	takehome	880	130	15	9	0	75	570	148	1	134	39	10	70	140	6

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Your health is of utmost concern to us. Please be aware that Pinkberry® products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

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Nutritional Information - Dairy Free

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)
Dairy Free																	
Coconut Milk, Chocolate	85 g	mini/cone serving	130	45	5	0	0	0	0	15	21	1	15	1	0	0	6
	142 g	Small	210	70	8	0	0	0	250	35	1	25	1	0	0	0	10
	227 g	Medium	340	120	13	0	0	0	390	56	2	40	2	0	0	2	15
	369 g	Large	560	190	21	0.5	0	0	640	91	3	65	3	0	0	2	30
Coconut Milk, Coconut	709 g	Takehome	1070	360	40	1	0	0	1230	174	5	125	6	0	0	4	50
	142 g	Small	210	90	9	1.5	0	0	260	31	1	23	1	0	0	0	2
	227 g	Medium	340	140	15	2	0	0	420	50	1	37	1	0	0	0	2
	369 g	Large	540	220	25	3.5	0	0	680	82	2	60	2	0	0	2	4
Dairy Free Cold Brew Coconut Milk	709 g	Takehome	1050	430	47	7	0	0	1310	157	3	115	5	0	2	2	6
	85 g	mini	100	40	4	0	0	0	135	16	0	11	1	0	0	0	0
	142 g	Small	170	60	7	0	0	0	230	26	1	18	1	0	0	0	2
	227 g	Medium	280	100	11	0	0	0	360	42	1	29	2	0	0	0	2
Coconut Milk, Lemon Crème	369 g	Large	450	160	18	0	0	0	590	69	2	47	3	0	0	2	4
	709 g	Takehome	870	310	35	0	0	0	1130	132	3	91	5	0	0	2	6
	85 g	mini/cone serving	120	50	6	1.5	0	0	20	16	0	11	1	0	0	0	0
	142 g	Small	200	80	9	1	0	0	35	27	1	18	1	0	2	0	2
Coconut Milk, Strawberry	227 g	Medium	310	130	15	1.5	0	0	55	44	11	30	2	0	2	0	2
	369 g	Large	510	220	24	2.5	0	0	90	71	2	48	3	0	4	2	4
	709 g	Takehome	980	420	46	4.5	0	0	180	137	3	92	5	0	6	2	8
	85 g	mini/cone serving	110	40	4.5	0	0	0	25	17	0	12	1	0	8	0	2
Just Fruit Peach Passion	142 g	Small	190	70	7	0	0	0	40	29	1	21	1	0	15	0	2
	227 g	Medium	300	100	12	0	0	0	60	46	1	33	2	0	25	2	4
	369 g	Large	480	170	19	0	0	0	100	75	2	54	2	0	35	2	6
	709 g	Takehome	930	330	36	0	0	0	190	144	4	103	5	0	70	4	10
Just Fruit Tropical Mango	142 g	Small	150	0	0	0	0	0	10	36	1	33	1	2	0	2	4
	227 g	Medium	240	0	0	0	0	0	10	57	2	53	2	4	0	4	8
	369 g	Large	390	0	0	0	0	0	20	93	3	87	3	6	0	6	10
	709 g	Takehome	750	0	0	0	0	0	40	178	6	166	6	10	0	10	25
Just Fruit Tropical Mango	142 g	Small	150	0	0	0	0	0	0	37	1	34	0	10	35	2	0
	227 g	Medium	240	0	0	0	0	0	0	59	2	55	0	15	60	4	0
	369 g	Large	390	0	0	0	0	0	5	96	3	90	0	25	90	6	0
	709 g	Takehome	750	0	0	0	0	0	10	184	6	172	1	45	170	10	0

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