


2019 LTO Product Book

	Serving Weight (g)	Size	Calories	Calories from Fat	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (% DV)	Vitamin C (% DV)	Calcium (% DV)	Iron (% DV)
Nutritional Information - Frozen																	
Pinkbee's Tiramisu Low Fat Milk Ice Cream	85 g	mini	120	20	2.5	1.5	0	10	80	19	0	16	6	2	0	20	0
	142 g	Small	200	35	4	2.5	0	20	135	31	0	27	10	2	0	35	0
	227 g	Medium	320	60	7	4	0	30	220	50	0	43	16	4	0	60	0
	369 g	Large	520	100	11	7	0	50	350	81	0	69	27	8	0	90	2
	709 g	Takehome	1010	180	20	13	0	95	680	155	0	133	51	15	0	180	2
Pineapple Colada	85 g	mini	90	0	0	0	0	0	55	17	0	18	3	0	4	10	0
	142 g	Small	160	5	0	0	0	0	90	28	0	31	5	0	6	20	0
	227 g	Medium	250	5	0	0	0	5	140	45	0	49	8	0	8	30	0
	369 g	Large	400	5	0.5	0	0	5	230	73	0	80	13	0	15	50	2
	709 g	Takehome	780	15	1.5	0	0	10	450	141	1	143	26	0	30	90	2
Kiwi Strawberry Frozen Yogurt	85 g	mini	90	0	0	0	0	0	50	20	0	19	3	0	6	10	0
	142 g	Small	160	5	0	0	0	5	85	33	0	31	5	0	10	20	0
	227 g	Medium	250	5	0.5	0	0	5	135	53	1	50	8	0	15	30	2
	369 g	Large	410	10	1	0	0	5	220	87	1	82	14	0	30	50	2
	709 g	Takehome	790	20	2	0	0	15	420	167	2	157	26	0	50	100	4
Nutritional Information - Toppings																	
Maple Syrup	5 g	1 Serving	25	10	1	0	0	0	20	4	0	2	0	0	0	0	0
Sanding Sugar	1 g	1 Serving	5	0	0	0	0	0	0	1	0	1	0	0	0	0	0
Cookie Crumbs	10 g	1 Serving	50	15	2	1	0	0	35	7	0	4	1	0	0	0	0
Mocha Syrup	7 g	1 Serving	10	0	0	0	0	0	0	2	0	2	0	0	0	0	0
Candy Heart	5 g	1 Serving	20	20	3	0	0	0	0	4	0	3	0	0	0	0	0
Nutritional Information - Beverage																	
Green Tea Lemonade (16 fl.oz)	512 g	16 fl. Oz	180	0	0	0	0	0	15	49	1	48	1	6	45	2	2
Strawberry Lemonade (16 fl.oz)	540 g	16 fl. Oz	220	0	0	0	0	0	15	61	1	59	1	0	80	2	2
Green Tea Lemonade (24 fl.oz)	768 g	24 fl. Oz	270	0	0	0	0	0	25	74	1	72	1	10	70	4	2
Strawberry Lemonade (24 fl.oz)	810 g	24 fl. Oz	330	0	0	0	0	0	25	91	1	89	1	0	130	4	4
Ingredient Statement																	
Green Tea Lemonade	WATER, ICE, LEMON JUICE AGAVE, MATCHA GREEN TEA.																
Strawberry Lemonade	WATER, ICE, LEMON JUICE AGAVE, STRAWBERRIES, STRAWBERRY PUREE (strawberries, sugar, water, natural flavors, concentrated lemon juice citric acid, fruit and vegetable juice for color, pectin)																
Maple Syrup	MAPLE SYRUP																
Pineapple Colada Frozen Yogurt	ORIGINAL FROZEN YOGURT (nonfat milk, sugar, nonfat yogurt [pasteurized nonfat milk, pectin, live and active cultures] or [pasteurized nonfat milk, live and active cultures], nonfat yogurt powder [nonfat milk, culture], fructose, dextrose, natural flavors, citric acid, guar gum), PINEAPPLE COLADA FLAVOR (water, sugar, pineapple juice concentrate, fruit juice concentrate, and tumeric for color, natural flavors, guar gum, citric acid, salt)																
Sanding Sugar	sugar, confectioner's glaze, carnauba wax, blue 1 lake, blue 2 lake, yellow 6 lake, red 40 lake																
Cookie Crumbs	wheat flour, sugar, vegetable oils [contains one or more of soy bean oil, sunflower oil, canola oil, palm oil], soy flour, brown sugar syrup, sodium bicarbonate [leavening], salt, cinnamon																
Mocha Syrup	Cold Brew Concentrate Cold Brew Coffee (water, coffee), Chocolate Flavored Sauce (High fructose corn syrup, corn syrup, water, cocoa, sugar, contains two percent or less of potassium sorbate (preservative), salt, mono-and diglycerides, xanthan gum, polysorbate 60, vanillin, artificial flavor)																
Kiwi Strawberry Frozen Yogurt	ORIGINAL FROZEN YOGURT (nonfat milk, sugar, nonfat yogurt [pasteurized nonfat milk, pectin, live and active cultures] or [pasteurized nonfat milk, live and active cultures], nonfat yogurt powder [nonfat milk, culture], fructose, dextrose, natural flavors, citric acid, guar gum), KIWI STRAWBERRY FLAVOR (kiwi puree, sugar, water, strawberries, kiwi seeds, natural flavor, guar gum, fruit and vegetable concentrate for color (carrot and black currant), citric acid)																
Candy Heart	sugar, cornstarch, rice flour, palm oil, gum acacia, xanthan gum, natural and artificial flavor, red 40, potassium sorbate (preservative), mono- and diglycerides, polysorbate 60																


Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional Information Pinkberry® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product preparation at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

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Food Allergies and Sensitivities

Pinkberry® has listed the top six food allergens recommended by the FDA.
The X indicates the item contains the specific allergen.

	Allergens									
	Eggs	Milk	Peanuts	Soy	Tree Nuts	Wheat Gluten	Kosher			
Limited Time Products										
Green Tea Lemonade							x			
Strawberry Lemonade							x			
Maple Syrup							x			
Pineapple Colada Frozen Yogurt		x					x			
Sanding Sugar							x			
Cookie Crumbs				x		x				
Mocha Syrup							x			
Kiwi Strawberry Frozen Yogurt		x					x			
Candy Hearts							x			

Your health is of utmost concern to us. Please be aware that Pinkberry® products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

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