



2020 LTO Product Book

|  | Serving Weight (g) | Size | Calories | Calories from Fat | Total Fat (g) | Saturated Fat (g) | Trans Fat (g) | Cholesterol (mg) | Sodium (mg) | Total Carbohydrate (g) | Dietary Fiber (g) | Sugar (g) | Protein (g) | Vitamin A (% DV) | Vitamin C (% DV) | Calcium (% DV) | Iron (% DV) |
|---|---|-------------|----------------|-------------------|------------------|---------------------|---------------|------------------|-------------|------------------------|-------------------|-----------|-------------|------------------|------------------|----------------|-------------|
| Nutritional Information - Frozen | | | | | | | | | | | | | | | | | |
| Cranberry Orange Frozen Yogurt | 85 g | mini | 90 | 0 | 0 | 0 | 0 | 0 | 65 | 20 | 0 | 19 | 3 | 0 | 4 | 10 | 0 |
| | 142 g | Small | 160 | 5 | 0 | 0 | 0 | 0 | 110 | 33 | 0 | 31 | 5 | 0 | 8 | 20 | 0 |
| | 227 g | Medium | 250 | 5 | 0 | 0 | 0 | 5 | 180 | 53 | 0 | 50 | 8 | 0 | 10 | 30 | 0 |
| | 369 g | Large | 410 | 5 | 1 | 0 | 0 | 5 | 290 | 86 | 0 | 81 | 14 | 0 | 20 | 50 | 2 |
| | 709 g | Takehome | 780 | 15 | 1.5 | 0 | 0 | 10 | 560 | 165 | 0 | 156 | 26 | 0 | 40 | 100 | 2 |
| Acai Berry Frozen Yogurt | 85 g | mini | 100 | 0 | 0 | 0 | 0 | 0 | 50 | 21 | 0 | 19 | 3 | 0 | 2 | 10 | 0 |
| | 142 g | Small | 160 | 5 | 0 | 0 | 0 | 0 | 85 | 34 | 0 | 32 | 5 | 0 | 4 | 20 | 0 |
| | 227 g | Medium | 260 | 5 | 0.5 | 0 | 0 | 5 | 135 | 55 | 0 | 52 | 8 | 0 | 8 | 30 | 2 |
| | 369 g | Large | 420 | 10 | 1 | 0 | 0 | 5 | 220 | 89 | 1 | 84 | 14 | 0 | 15 | 50 | 2 |
| | 709 g | Takehome | 810 | 15 | 2 | 0 | 0 | 10 | 430 | 172 | 1 | 162 | 26 | 0 | 25 | 90 | 4 |
| Nutritional Information - Toppings | | | | | | | | | | | | | | | | | |
| Cranberries | 13 g | 1 Serving | 40 | 0 | 0 | 0 | 0 | 0 | 0 | 11 | 1 | 9 | 0 | 0 | 0 | 0 | 0 |
| Nutritional Information - Beverage | | | | | | | | | | | | | | | | | |
| Green Tea Lemonade (16 fl.oz) | 512 g | 16 fl. Oz | 180 | 0 | 0 | 0 | 0 | 0 | 15 | 49 | 1 | 48 | 1 | 6 | 45 | 2 | 2 |
| Strawberry Lemonade (16 fl.oz) | 540 g | 16 fl. Oz | 220 | 0 | 0 | 0 | 0 | 0 | 15 | 61 | 1 | 59 | 1 | 0 | 80 | 2 | 2 |
| Green Tea Lemonade (24 fl.oz) | 768 g | 24 fl. Oz | 270 | 0 | 0 | 0 | 0 | 0 | 25 | 74 | 1 | 72 | 1 | 10 | 70 | 4 | 2 |
| Strawberry Lemonade (24 fl.oz) | 810 g | 24 fl. Oz | 330 | 0 | 0 | 0 | 0 | 0 | 25 | 91 | 1 | 89 | 1 | 0 | 130 | 4 | 4 |
| Acai Berry Smoothie (16 fl. Oz) | 551 g | 16 fl. Oz | 310 | 5 | 0.5 | 0 | 0 | 5 | 160 | 66 | 2 | 58 | 11 | 2 | 15 | 40 | 2 |
| Acai Berry Smoothie (24. fl. Oz) | 680 g | 24 fl. Oz | 420 | 10 | 1 | 0 | 0 | 5 | 200 | 91 | 3 | 81 | 15 | 2 | 25 | 50 | 4 |
| Ingredient Statement | | | | | | | | | | | | | | | | | |
| Green Tea Lemonade | WATER, ICE, LEMON JUICE AGAVE, MATCHA GREEN TEA. | | | | | | | | | | | | | | | | |
| Strawberry Lemonade | WATER, ICE, LEMON JUICE AGAVE, STRAWBERRIES, STRAWBERRY PUREE (strawberries, sugar, water, natural flavors, concentrated lemon juice citric acid, fruit and vegetable juice for color, pectin) | | | | | | | | | | | | | | | | |
| Cranberry Orange Frozen Yogurt | ORIGINAL FROZEN YOGURT (nonfat milk, sugar, nonfat yogurt [pasteurized nonfat milk, pectin, live and active cultures] or [pasteurized nonfat milk, live and active cultures], nonfat yogurt powder [nonfat milk, culture], fructose, dextrose, natural flavors, citric acid, guar gum), CRANBERRY ORANGE FLAVOR (water, sugar, cranberry juice concentrate, orange juice concentrate, natural flavors, sodium citrate, fruit and vegetable juice concentrate for color (black currant, carrot), guar gum) | | | | | | | | | | | | | | | | |
| Cranberries | CRANBERRIES, SUGAR | | | | | | | | | | | | | | | | |
| Acai Berry Frozen Yogurt | ORIGINAL FROZEN YOGURT (nonfat milk, sugar, nonfat yogurt [pasteurized nonfat milk, pectin, live and active cultures] or [pasteurized nonfat milk, live and active cultures], nonfat yogurt powder [nonfat milk, culture], fructose, dextrose, natural flavors, citric acid, guar gum), ACAI BERRY FLAVOR (sugar, water, strawberry puree, acai puree, blueberry puree, natural flavors, fruit and vegetable concentrate for color (carrot and black currant), guar gum, citric acid) | | | | | | | | | | | | | | | | |
| Acai Berry Smoothie | ICE, NONFAT MILK, ACAI BERRY FROZEN YOGURT, BLUEBERRIES, BANANA, HONEY | | | | | | | | | | | | | | | | |
|  | Eggs | Milk | Peanuts | Soy | Tree Nuts | Wheat Gluten | | | | | | | | | | | |
| Allergens | | | | | | | | | | | | | | | | | |
| Green Tea Lemonade | | | | | | | | | | | | | | | | | |
| Strawberry Lemonade | | | | | | | | | | | | | | | | | |
| Cranberry Orange Frozen Yogurt | | x | | | | | | | | | | | | | | | |
| Cranberries | | | | | | | | | | | | | | | | | |
| Acai Berry Frozen Yogurt | | x | | | | | | | | | | | | | | | |
| Acai Berry Smoothie | | x | | | | | | | | | | | | | | | |

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional Information Pinkberry® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product preparation at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers, custom orders, self-service orders and regional menu variations.

Your health is of utmost concern to us. Please be aware that Pinkberry® products may contain traces of allergens (peanuts, tree nuts, soybeans, wheat, milk or eggs) or food sensitivities from a manufacturing facility and preparation on site.

Common Tree Nuts that may be found in our stores include almonds, cashews, coconut, macadamia nuts, pecans, pistachios and walnuts.

The Allergen information Pinkberry® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product production at the store and suppliers. Some items listed may not be available in all stores. This list may not include test products, limited time offers and regional menu variations.