Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Frozen Yogurt													
Chocolate Chip Cookie	3	mini	120	2	0.5	0	0	85	21	0	18	10	3
	5	small	200	3.5	1	0	5	140	35	1	30	17	6
	8	medium	320	5	2	0	5	220	57	1	47	27	9
	13	large	510	9	3	0	10	360	92	1	77	44	15
	25	take home	980	16	6	0	15	690	177	3	148	84	29
Chocolate Hazelnut	3	mini	140	3.5	1	0	0	60	22	0	21	13	4
	5	small	230	6	2	0	5	105	37	1	35	22	6
	8	medium	360	9	3.5	0	5	160	59	1	55	34	10
	13	large	590	15	5	0	10	270	96	2	90	56	16
	25	take home	1130	29	10	0	20	510	184	4	173	108	32
Cookie Butter	3	mini	130	3	1	0	0	80	22	0	18	11	4
	5	small	220	5	1.5	0	5	135	36	0	31	18	6
	8	medium	350	8	2.5	0	5	220	58	0	49	29	10
	13	large	570	14	4	0	10	350	94	0	80	47	15
	25	take home	1090	26	7	0	15	670	181	1	153	91	30
Cookies n' Cream	3	mini	120	2	1	0	0	85	22	0	19	11	3
	5	small	200	3	1.5	0	0	140	36	0	32	19	6
	8	medium	320	5	2.5	0	5	220	58	1	50	30	9
	13	large	510	8	4	0	10	360	94	1	82	49	15
	25	take home	990	15	7	0	15	700	181	2	158	94	29
Gingerbread Chai	3	mini	110	1.5	1	0	5	70	22	0	19	12	3
	5	small	190	2	1.5	0	5	115	36	0	32	19	6
	8	medium	310	3.5	2.5	0	10	180	58	1	51	31	9
	13	large	500	5	4	0	15	300	94	1	83	50	15
	25	take home	950	11	8	0	25	570	181	2	160	96	28
Green Apple	3	mini	100	0	0	0	0	55	20	0	18	11	3
	5	small	160	0	0	0	5	90	33	0	31	19	6
	8	medium	250	0.5	0	0	5	150	53	0	49	31	9
	13	large	410	1	0.5	0	5	240	86	0	80	50	15
	25	take home	800	2	1.5	0	15	460	166	1	154	95	28
Island Mango	3	mini	100	0	0	0	0	50	20	0	19	10	3
	5	small	160	0	0	0	0	85	34	0	32	16	5
	8	medium	260	0	0	0	5	135	54	0	51	26	9
	13	large	410	0.5	0.5	0	5	220	88	1	83	42	14
	25	take home	800	1.5	1	0	10	420	169	1	160	81	27
Matcha (Tart)	3	mini	90	0	0	0	0	55	18	0	17	10	3
	5	small	150	0	0	0	5	90	31	0	29	17	6
	8	medium	240	0.5	0	0	5	140	49	1	46	28	9
	13	large	390	1	0.5	0	5	230	79	1	74	45	15
	25	take home	740	1.5	1	0	15	440	153	2	143	86	29
Mint Chocolate Cookie	3	mini	130	2.5	1.5	0	0	80	23	0	19	11	3
	5	small	220	4.5	3	0	5	135	38	0	32	19	6
	8	medium	350	7	4.5	0	5	220	61	0	51	30	9
	13	large	570	11	7	0	10	360	99	0	82	49	15
	25	take home	1100	22	14	0	15	690	190	1	158	94	29
Orange Peach Mango	3	mini	80	0	0	0	0	40	16	0	16	8	3
	5	small	130	0	0	0	0	70	27	0	26	13	4
	8	medium	210	0	0	0	5	110	44	0	42	21	7
	13	large	340	0.5	0	0	5	180	71	0	68	33	11
	25	take home	640	1	0	0	10	340	137	0	130	64	21
Orange Tang	3	mini	100	0	0	0	0	60	22	0	21	14	3
	5	small	170	0	0	0	5	100	36	0	34	23	5
	8	medium	270	0	0	0	5	160	58	0	55	37	9
	13	large	440	1	0.5	0	5	260	95	0	90	60	14
	25	take home	850	1.5	1	0	15	500	182	0	172	116	27

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Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Frozen Yogurt													
Original	3	mini	90	0	0	0	0	55	19	0	18	11	3
	5	small	150	0	0	0	5	95	32	0	30	18	6
	8	medium	240	0	0	0	5	150	50	0	48	29	9
	13	large	400	1	0.5	0	5	240	82	0	78	47	15
	25	take home	760	1.5	1	0	15	460	158	0	150	91	29
Passionfruit	3	mini	90	0	0	0	0	55	19	0	18	10	3
	5	small	150	0	0	0	5	90	32	0	30	17	6
	8	medium	250	0	0	0	5	140	51	0	48	28	9
	13	large	400	1	0	0	5	230	83	0	77	45	15
	25	take home	770	1.5	1	0	15	450	159	0	149	87	28
Peanut Butter	3	mini	150	6	1.5	0	0	115	18	1	15	8	6
	5	small	250	11	2.5	0	5	190	29	1	26	14	10
	8	medium	400	17	4	0	5	300	47	2	41	22	15
	13	large	650	28	6	0	10	490	76	4	67	36	25
	25	take home	1260	54	12	0	15	940	146	7	129	69	48
Pina Colada	3	mini	100	0	0	0	0	50	21	0	19	13	3
	5	small	160	1	0.5	0	0	85	34	0	32	21	5
	8	medium	260	1.5	1	0	5	135	55	0	52	34	8
	13	large	430	2	1.5	0	5	220	89	1	84	56	13
	25	take home	820	4	3.5	0	10	430	171	1	161	107	26
Pineapple	3	mini	80	0	0	0	0	40	17	0	16	7	2
	5	small	130	0	0	0	0	65	28	0	27	12	4
	8	medium	210	0	0	0	5	105	45	0	43	20	7
	13	large	340	0.5	0	0	5	170	73	1	70	32	11
	25	take home	650	1	1	0	10	330	140	1	134	62	21
Pineapple Orange Banana	3	mini	80	0	0	0	0	40	17	0	16	8	2
	5	small	130	0	0	0	0	70	28	0	27	13	4
	8	medium	210	0	0	0	5	110	45	0	43	21	6
	13	large	340	0.5	0	0	5	180	73	0	70	33	11
	25	take home	660	1	1	0	10	340	141	0	135	64	20
Pink Lemonade	3	mini	100	0	0	0	0	60	22	0	21	14	3
	5	small	170	0	0	0	5	100	37	0	35	27	5
	8	medium	270	0	0	0	5	160	59	0	55	37	9
	13	large	440	1	0.5	0	5	250	95	0	90	61	14
	25	take home	850	1.5	1	0	15	490	183	0	173	117	27
Pomegranate	3	mini	100	0	0	0	0	55	20	0	19	12	3
	5	small	160	0	0	0	5	90	34	0	32	20	5
	8	medium	260	0	0	0	5	150	55	0	51	33	9
	13	large	420	1	0.5	0	5	240	89	0	83	53	14
	25	take home	810	1.5	1	0	15	460	170	0	160	102	27
Pumpkin	3	mini	80	0	0	0	0	55	17	0	15	8	3
	5	small	140	0	0	0	5	95	28	1	26	13	5
	8	medium	220	0	0	0	5	150	45	1	41	20	9
	13	large	360	1	0	0	10	250	73	1	67	33	14
	25	take home	700	1.5	1	0	15	480	140	3	129	63	27
Raspberry	3	mini	100	0	0	0	0	55	21	0	19	12	3
	5	small	160	0	0	0	5	90	34	0	31	20	6
	8	medium	260	0.5	0	0	5	140	55	0	50	32	9
	13	large	420	1	0.5	0	5	230	89	0	82	52	15
	25	take home	820	1.5	1	0	15	450	172	1	157	100	28
Raspberry White Chocolate	3	mini	100	1	0	0	0	55	21	0	19	12	3
	5	small	170	1.5	0.5	0	5	90	35	0	32	20	6
	8	medium	280	2	1	0	5	150	56	0	51	33	9
	13	large	450	3.5	1.5	0	5	240	91	0	83	53	15
	25	take home	870	7	2.5	0	15	460	174	1	160	102	28

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Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Frozen Yogurt													
Roasted Almond Cookie	3	mini	130	3	1	0	0	70	20	0	18	10	4
	5	small	210	4.5	1.5	0	5	120	34	1	30	16	7
	8	medium	330	8	2.5	0	5	190	54	1	48	26	11
	13	large	540	12	4	0	10	310	88	1	78	42	18
	25	take home	1040	23	7	0	15	590	169	3	150	81	35
Salted Butter Caramel	3	mini	120	3.5	3	0	5	115	19	0	18	10	4
	5	small	200	5	4.5	0	10	190	32	0	30	16	6
	8	medium	330	9	7	0	15	310	51	0	47	25	10
	13	large	530	14	12	0	25	500	84	1	77	41	16
	25	take home	1020	27	23	0	55	960	161	2	148	80	30
Salted Caramel	3	mini	100	0	0	0	0	75	21	0	20	12	4
	5	small	170	0	0	0	5	125	35	0	33	20	6
	8	medium	270	0	0	0	5	200	57	0	53	32	10
	13	large	450	0.5	0	0	10	330	92	0	86	52	16
	25	take home	860	1.5	1	0	20	640	177	1	166	100	30
Salted Caramel Cookie	3	mini	120	1.5	0.5	0	0	85	23	0	20	12	4
	5	small	200	3	1	0	5	140	38	0	33	20	6
	8	medium	330	4.5	1.5	0	5	230	60	0	53	32	10
	13	large	530	8	2.5	0	10	370	98	0	86	53	16
	25	take home	1020	14	5	0	15	710	189	1	165	102	30
Snickerdoodle Cookie	3	mini	120	2	1	0	5	80	21	0	17	9	4
	5	small	190	3.5	1.5	0	5	130	34	0	28	15	6
	8	medium	310	5	2.5	0	10	210	55	0	45	24	10
	13	large	500	9	4	0	15	340	89	1	73	40	16
	25	take home	960	16	8	0	35	650	172	1	141	76	31
Spiced Autumn Cider	3	mini	90	0	0	0	0	55	20	0	18	12	3
	5	small	160	0	0	0	5	90	33	0	31	19	6
	8	medium	250	0.5	0	0	5	150	53	0	49	31	9
	13	large	410	1	0.5	0	5	240	86	0	80	50	15
	25	take home	790	1.5	1	0	15	460	165	0	154	96	28
Strawberry Lemonade	3	mini	100	0	0	0	0	55	23	0	21	15	3
	5	small	170	0	0	0	0	95	38	0	36	24	5
	8	medium	280	0	0	0	5	150	60	0	57	39	8
	13	large	450	0.5	0.5	0	5	240	98	1	93	63	13
	25	take home	860	1.5	1	0	10	470	188	1	178	122	25
Strawberry Matcha	3	mini	90	0	0	0	0	50	20	0	18	12	3
	5	small	150	0	0	0	0	85	33	0	31	20	5
	8	medium	250	0	0	0	5	140	52	1	49	31	8
	13	large	400	1	0.5	0	5	220	85	1	80	51	13
	25	take home	770	1.5	1	0	10	430	163	2	154	98	26
Strawberry Shortcake	3	mini	110	0.5	0	0	0	60	21	0	19	12	3
	5	small	180	1	0	0	5	100	36	0	32	21	5
	8	medium	280	2	1	0	5	160	57	0	52	33	8
	13	large	460	3	1.5	0	10	260	93	1	84	54	14
	25	take home	880	6	2.5	0	15	500	178	1	161	104	26
Strawberry Vanilla	3	mini	100	0	0	0	0	60	20	0	19	11	3
	5	small	160	0	0	0	5	100	33	0	31	18	5
	8	medium	250	0	0	0	5	160	53	1	50	29	8
	13	large	410	0.5	0	0	10	260	86	1	82	47	13
	25	take home	800	1	1	0	15	500	166	2	157	90	26
Summer Melon	3	mini	90	0	0	0	0	55	20	0	19	12	3
	5	small	160	0	0	0	5	90	33	0	31	20	6
	8	medium	250	0.5	0	0	5	140	53	0	50	31	9
	13	large	410	1	0.5	0	5	230	86	0	80	51	14
	25	take home	790	1.5	1	0	15	450	166	0	155	98	28

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Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Frozen Yogurt													
Tiramisu	3	mini	100	0	0	0	0	60	19	0	18	9	4
	5	small	160	0.5	0	0	5	100	32	0	29	15	6
	8	medium	260	1	0.5	0	5	170	51	0	47	24	9
	13	large	420	1.5	1	0	10	270	83	1	76	40	15
	25	take home	800	3	2	0	20	520	160	1	146	76	30
Ube Honey	3	mini	90	0	0	0	0	65	19	0	18	9	3
	5	small	160	0	0	0	5	105	32	0	30	16	6
	8	medium	250	0	0	0	5	170	51	0	47	25	9
	13	large	410	0.5	0	0	10	280	83	1	77	41	15
	25	take home	780	1.5	1	0	20	530	160	1	148	79	29
Vanilla Bean	3	mini	90	0	0	0	0	65	18	0	17	9	4
	5	small	160	0	0	0	5	105	31	0	29	15	6
	8	medium	250	0	0	0	5	170	49	0	46	24	9
	13	large	400	1	0	0	10	280	80	1	75	39	15
	25	take home	780	1.5	1	0	20	530	153	1	145	76	29
Vanilla Latte	3	mini	90	0	0	0	0	65	18	0	17	8	4
	5	small	150	0	0	0	5	105	30	0	28	14	6
	8	medium	240	0	0	0	5	170	47	0	45	22	9
	13	large	390	0.5	0	0	10	270	77	1	73	36	15
	25	take home	740	1.5	0	0	20	520	148	1	139	70	29
White Mocha	3	mini	90	0.5	0	0	0	65	18	0	17	9	4
	5	small	160	1	0	0	5	105	30	0	26	14	6
	8	medium	250	2	0.5	0	5	170	48	0	45	23	10
	13	large	410	3	1	0	10	270	78	0	3	37	16
	25	take home	790	6	2	0	20	530	150	1	141	71	30
Yuzu Meringue	3	mini	100	0	0	0	0	55	22	0	21	14	3
	5	small	160	0	0	0	5	95	36	0	34	23	5
	8	medium	260	0.5	0	0	5	150	58	0	55	37	9
	13	large	420	1	0.5	0	5	240	94	0	89	60	14
	25	take home	800	1.5	1	0	15	470	181	1	172	115	27

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Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Dairy Free													
Coconut Milk, Coconut	3	mini	130	6	5	0	0	160	19	0	14	11	1
	5	small	220	10	9	0	0	260	32	1	24	18	1
	8	medium	340	16	14	0	0	410	51	0	38	28	2
	13	large	560	25	23	0	0	670	82	1	62	46	3
	25	take home	1080	49	44	0	0	1290	158	1	119	88	6
Coconut Milk, Cold Brew	3	mini	100	4	4	0	0	135	16	0	11	8	1
	5	small	170	7	6	0	0	230	26	0	19	14	1
	8	medium	280	11	10	0	0	360	42	0	30	22	2
	13	large	450	18	17	0	0	590	68	1	48	36	2
	25	take home	860	35	32	0	0	1140	132	1	95	70	5
Coconut Milk, Salted Caramel	3	mini	130	5	4.5	0	0	190	20	0	15	12	1
	5	small	210	8	8	0	0	310	34	0	25	19	1
	8	medim	340	13	12	0	0	500	54	0	40	31	2
	13	large	560	21	20	0	0	810	88	1	65	50	4
	25	take home	1070	41	38	0	0	1570	169	1	126	96	7
Coconut Milk, Strawberry	3	mini	120	4.5	4	0	0	25	18	0	14	10	1
	5	small	190	7	7	0	0	40	31	1	23	16	1
	8	medium	310	12	11	0	0	65	49	1	37	26	2
	13	large	500	19	17	0	0	110	80	2	60	42	3
	25	take home	960	36	33	0	0	210	154	3	116	80	5
Just Fruit Peach Passion	3	mini	100	0	0	0	0	0	24	1	22	0	1
	5	small	170	0	0	0	0	0	40	1	37	0	1
	8	medium	270	0	0	0	0	10	64	2	59	0	2
	13	large	430	0	0	0	0	5	104	3	95	0	3
	25	take home	830	0	0	0	0	10	200	6	183	0	6
Just Fruit Tropical Mango	3	mini	80	0	0	0	0	0	21	1	19	0	1
	5	small	140	0	0	0	0	0	35	1	32	0	1
	8	medium	230	0	0	0	0	0	56	2	51	0	2
	13	large	370	0	0	0	0	5	90	3	84	0	3
	25	take home	710	0	0	0	0	10	174	6	161	0	6
Lemon	3	mini	90	0.5	0	0	0	10	20	1	19	18	0
	5	small	140	1	1	0	0	15	33	2	32	31	0
	8	medium	230	1.5	1	0	0	25	54	3	51	49	0
	13	large	370	2	2	0	0	40	87	5	87	80	0
	25	take home	710	4	4	0	0	75	167	9	158	154	1
Strawberry Lemonade	3	mini	90	0.5	0	0	0	10	20	1	19	18	0
	5	small	140	1	1	0	0	15	33	2	32	31	0
	8	medium	230	1.5	1	0	0	25	54	3	51	49	0
	13	large	370	2	2	0	0	40	87	5	82	80	0
	25	take home	710	4	4	0	0	75	157	9	158	154	1

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Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Smoothies													
Chocolate Banana	16	1 serving	500	10	3.5	0	10	210	92	4	75	34	15
Chocolate Banana	24	1 serving	760	15	5	0	15	330	138	6	114	52	23
Mixed Berry	16	1 serving	270	1	0	0	5	170	55	3	49	22	12
Mixed Berry	24	1 serving	380	1	0	0	5	220	78	5	69	32	16
Strawberry Banana	16	1 serving	270	0.5	0	0	5	170	55	2	49	22	12
Strawberry Banana	24	1 serving	370	1	0	0	5	220	77	4	68	32	15
Tropical Mango	16	1 serving	310	1	0	0	5	160	66	2	62	18	12
Tropical Mango	24	1 serving	430	1	0.5	0	5	220	94	3	88	25	15
Dry Toppings													
Almond Roca	0.5	1 scoop	70	5	2.5	0	5	15	6	0	6	6	1
Apple Cinnamon Pie (Luxe)	0.6	1 scoop	35	0	0	0	0	0	9	0	8	7	0
Birthday Cake Crumble	0.3	1 scoop	35	1.5	0.5	0	0	20	5	0	3	3	0
Brownie Bites	0.6	1 scoop	70	3.5	1.5	0	0	80	9	1	5	5	1
Cacao Almond Crunch (Luxe)	0.9	1 scoop	140	9	1	0	0	10	13	2	8	7	3
Cap'n Crunch®	0.3	1 scoop	35	0	0	0	0	65	7	0	4	4	0
Candied Pecans	0.6	1 scoop	110	10	1	0	0	75	5	1	4	3	1
Carob Chips	0.6	1 scoop	80	3.5	3.5	0	0	0	13	1	12	11	0
Cheesecake Bites	0.6	1 scoop	60	4	2	0	15	50	5	0	4	3	1
Cherry Bursting Boba	0.8	1 scoop	30	0	0	0	0	10	7	1	6	4	0
Chocolate Chip Cookie	0.6	1 each	50	2.5	1	0	0	35	7	0	4	4	0
Chocolate Chip Cookie Dough	0.5	1 scoop	50	2	1	0	0	25	9	0	4	4	0
Chocolate Chips	0.6	1 scoop	80	4.5	2.5	0	0	0	12	1	10	10	1
Chocolate Covered Pretzel	0.5	1 scoop	60	2	2	0	0	90	9	0	5	5	1
Chocolate Fudge Wafer Rolls	0.5	1 each	60	2.5	1	0	0	20	9	1	5	5	1
Chocolate Sprinkles	0.6	1 scoop	80	3	3	0	0	0	12	0	11	9	0
Cinnamon Powder	0.0	1 scoop	0	0	0	0	0	0	1	1	0	0	0
Cinnamon Crumble	0.6	1 scoop	70	2	0	0	0	20	12	0	6	6	1
Cinnamon Dusted Shortbread Cookie Crumble	0.4	1 scoop	50	3	1.5	0	5	30	6	0	2	2	1
Coconut	0.3	1 scoop	40	2	2	0	0	10	5	1	3	2	0
Cookie Butter (Luxe)	0.5	1 scoop	80	5	1	0	0	30	8	0	5	5	0
Cookie Crumbs	0.6	1 scoop	80	3.5	1.5	0	0	65	13	0	7	6	1
Cookies n' Cream	0.5	1 scoop	60	2.5	1	0	0	40	9	0	6	6	0
Crispy White Chocolate (Luxe)	0.7	1 scoop	110	7	1	0	0	25	12	0	8	6	1
Crumbole	0.5	1 scoop	60	3	1	0	0	40	9	0	4	3	1
Crushed Biscotti Cookies	0.2	1 scoop	25	1	0	0	5	25	4	0	2	2	1
Crushed Cones	0.2	1 scoop	20	0	0	0	0	10	5	0	2	2	0
Crushed Pistachios	0.2	1 scoop	30	2.5	0	0	0	0	2	1	0	0	1
Dark Chocolate Crisps	0.3	1 scoop	40	2.5	1.5	0	0	15	5	1	4	3	1
Dragon Fruit Bursting Boba	0.8	1 scoop	30	0	0	0	0	10	7	1	6	4	0
Fruity Pebbles	0.3	1 scoop	35	0	0	0	0	45	7	0	3	3	0
Gingerbread Cookie	0.2	1 each	35	1	0	0	5	25	6	0	3	3	0
Gluten Free Cookie Crunch (Luxe)	0.6	1 scoop	100	6	1	0	0	10	9	1	6	5	2
Graham Cracker Pie Crust	0.6	1 scoop	80	4	2.5	0	0	95	11	0	5	4	1
Gummy Bears	0.8	1 scoop	60	0	0	0	0	10	15	0	9	9	1
Gummy Sharks	0.5	2 each	40	0	0	0	0	5	9	0	6	6	1
HEATH Bar	0.6	1 scoop	90	6	3	0	0	55	11	0	10	10	0
Honey Granola	0.3	1 scoop	35	1	0	0	0	10	6	0	2	2	1
Honeycomb	0.6	1 each	50	0	0	0	0	0	14	0	13	0	0
Kataifi	0.3	1 scoop	30	0	0	0	0	10	6	0	0	0	0
Lemon Cookie Crunch (Luxe)	0.6	1 scoop	100	7	1.5	0	0	15	9	0	6	5	1
Mango Bursting Boba	0.5	1 scoop	15	0	0	0	0	5	5	1	4	3	0
Milk Chocolate Crunch (Luxe)	0.5	1 scoop	80	5	1	0	0	40	7	0	5	5	1
Mini Gummy Worms	0.5	3 each	40	0	0	0	0	0	10	0	6	6	0
M&M'S® (Mini)	0.4	1 scoop	50	2	1.5	0	0	5	8	0	8	0	0
Mini Peanut Butter Cups	0.8	1 scoop	120	7	6	0	0	25	12	0	11	10	1
Mini Sour Worms	0.5	3 each	45	0	0	0	0	0	11	0	7	7	1

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Pinkberry Nutrition Statement

Menu Item	Serving Weight (oz)	Size	Calories	Total Fat (g)	Saturated Fat (g)	*Trans* Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugar (g)	Added Sugars (g)	Protein (g)
Dry Toppings													
Mint Chocolate Cookie	0.3	1 each	40	2	1	0	0	20	5	0	3	3	0
Mochi	0.8	1 scoop	60	0	0	0	0	20	15	0	1	1	1
Nutella® (Luxe)	0.6	1 scoop	90	5	1.5	0	0	10	10	0	9	8	1
Peanut Butter Crunch (Luxe)	0.6	1 scoop	100	6	1	0	0	95	7	1	4	3	3
Peppermint Bark	0.8	1 scoop	110	7	6	0	0	15	13	0	13	11	1
Pomegranate Bursting Boba	0.8	1 scoop	30	0	0	0	0	10	7	1	6	4	0
Rainbow Sprinkles	0.6	1 scoop	80	3	3	0	0	0	14	0	13	13	0
Strawberry Bursting Boba	0.8	1 scoop	30	0	0	0	0	10	7	1	6	4	0
Strawberry Shortcake Crumble	0.3	1 scoop	35	1.5	0	0	0	25	5	0	3	2	0
Toasted Almond	0.5	1 scoop	80	7	0.5	0	0	0	3	2	1	0	3
Twix®	0.6	1 scoop	80	4	2.5	0	0	35	11	0	8	8	1
Waffle Cookie	0.2	1 each	30	1	0	0	0	5	10	4	0	2	2
Waffle Cone	0.8	1 each	90	1	0	0	0	35	19	0	7	7	0
White Nonpareils	0.6	1 scoop	80	3	3	0	0	0	13	0	11	11	0
Yogurt Chips	0.6	1 scoop	80	4	3.5	0	0	20	12	0	12	11	1
Fruit Toppings													
Banana	0.7	1 scoop	20	0	0	0	0	0	5	1	2	0	0
Blackberry	0.7	1 scoop	10	0	0	0	0	0	2	1	1	0	0
Blood Orange	0.6	1 scoop	10	0	0	0	0	0	2	0	2	0	0
Blueberry	0.7	1 scoop	10	0	0	0	0	0	3	0	2	0	0
Grapefruit	0.9	1 scoop	10	0	0	0	0	0	2	0	2	0	0
Honeydew	0.9	1 scoop	10	0	0	0	0	0	2	0	2	0	0
Kiwi	0.8	1 scoop	15	0	0	0	0	0	3	1	2	0	0
Mango	0.8	1 scoop	15	0	0	0	0	0	3	0	3	0	0
Orange	0.9	1 scoop	15	0	0	0	0	0	3	1	2	0	0
Pineapple	0.7	1 scoop	10	0	0	0	0	0	3	0	2	0	0
Pomegranate Seeds	0.6	1 scoop	15	0	0	0	0	0	3	1	2	0	0
Raspberry	0.5	1 scoop	5	0	0	0	0	0	2	1	1	0	0
Strawberry	0.9	1 scoop	5	0	0	0	0	0	2	0	1	0	0
Tangerine	0.9	1 scoop	15	0	0	0	0	0	3	0	3	0	0
Watermelon	0.9	1 scoop	10	0	0	0	0	0	2	0	2	0	0
Liquid Toppings													
Agave Nectar	0.3	1 serving	25	0	0	0	0	0	7	0	7	0	7
Caramel Sauce	0.2	1 serving	15	0	0	0	0	5	3	0	3	3	0
Chocolate Flavored Sauce	0.2	1 serving	20	0	0	0	0	0	4	0	4	4	0
Honey	0.4	1 serving	30	0	0	0	0	0	8	0	8	8	0
Mocha Sauce	0.5	1 serving	25	0	0	0	0	0	5	0	5	5	0
Pistachio Sauce (Luxe)	1.0	1 scoop	180	13	2	0	0	0	12	2	11	10	3
Pomegranate Juice	0.4	1 serving	25	0	0	0	0	0	6	0	6	5	0
Strawberry Puree	0.2	1 serving	10	0	0	0	0	0	2	0	2	2	0
Whipped Cream	0.4	1 serving	35	2.5	1	0	0	0	2	0	2	2	0

Percentage Daily Values are based on a 2,000 calorie diet. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

The Nutritional information Pinkberry® has provided is based on standard product formulations. Product variations may occur based on regional differences, ingredient substitutions, seasonal conditions, differences in product preparation at the store and suppliers. Some items listed may not be available in all stores.

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